

Mastaneh Nazarian

Alexander Technique Practitioner/Musician

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As an Alexander Technique practitioner and musician, I am sensitive to the concerns of each individual client. I aim to deliver the most appropriate and comprehensive curriculum in a focused and sensitive fashion.

SUMMARY

- Extensive experience as music instructor in private and group formats.
- Extensive study of early childhood/elementary education and music pedagogy.
- Delivered courses in musicianship, aural skills and Jazz ensemble.
- Accumulated theatre and film credits for composition, including commissions and festival invitations.
- Proven communication and organizations skills through freelance teaching and performing contracts.
- Proven capabilities in grant writing and administration.
- Fully certified teacher of the Alexander Technique.

Director, Rediscover Ease Alexander Technique Studio, Melbourne, Australia
Lessons in the Alexander technique for individuals and groups.

Director, Childbloom® Guitar Program for ages 5-12, Los Angeles, California
Delivery of instruction, and coordination of all aspects of advertisement, student generation, administration and concert planning.

Music Instructor, Aboriginal Center for Performing Arts, Brisbane, Australia
Worked with students of various ages and backgrounds, teaching musicianship and song writing. Developed and delivered curriculum for ACPA's music department. Involvement in end of term performances and workshops.

Music Editor, Digital Archives Network, Brisbane, Australia
Worked with a mobile sound studio and mastering suite to produce commercial voice and sound projects. Used Pro Tools. Provided imaginative sound design, featuring electronic music. Also developed sound snippets and soundscapes. Established a high standard of quality for post-production work while meeting demanding deadlines.

Accomplishments, 1991–Present

- Gained recognition as a composer and performer (guitar). Formed and led bands.
- Performed and conducted original compositions, including several commissioned works.
- Organized and presented groups from jazz quartet to small and large chamber ensembles.
- Teacher of the Alexander Technique (2013-present)
- Mother, homemaker (2006-present)
- Director, Childbloom Guitar Program, Santa Monica/Beverly Hills (2002–2005).
- Private guitar instructor, Brisbane, Queensland (1995–2002).
- Guitar group class instructor, TAFE Adult education, Ashgrove, Queensland (2000–2002).
- Music Instructor, Aboriginal Centre for the Performing Arts, (1998–2000).
- Classroom music instructor, Queensland Young Conservatorium, (1997–2000).

EDUCATION

Bachelor of Arts in Professional Music, Berklee College of Music, Boston, 1995.

Master of Music Composition, Queensland Conservatorium, Griffith University, Brisbane, Australia, 2000.

Diploma of Alexander Technique, School of FM Alexander Studies, 2012. An intensive three-year full-time course of over 1600 hours of practical and academic study of the Alexander Technique.